compartment into the lubricating jelly, thereby lubricating the tip **721** of the catheter **720**.

Turning now to FIG. **16**, illustrated therein is an exemplary embodiment of panel **1302**. The instructions printed thereon continue to provide the health care services provider with information regarding use of the catheter assembly. For example, in one embodiment, this information includes instructions on inserting the catheter.

At step **1601**, the instructions direct the health care services provider to tear open the swab stick package and to use the swab sticks to clean the patient from the top down. The instruction also notes that each swab stick is intended for one use only to properly maintain the sterile field. Step **1602** directs the health care services provider to initiate the catheterization process by inserting the catheter assembly into the patient. Steps **1603** and **1604** continue this process as shown in FIG. **16**.

Step **1605** directs the health care services provider to secure the drainage bag to the catheter assembly. Step **1606** directs the health care services provider to clean up upon completion of the catheterization process. Step **1607** provides instructions on completing the label on the Foley insertion tag included with the catheter package assembly and attaching it to the tubing or drain bag attached to the catheter assembly.

At step **1608**, the health care services provider is instructed to detach the patient portion (**1202**) from the health care services portion (**1201**) by tearing the two apart along the perforation (**1203**). Step **1609** further instructs the health care services provider to discuss the patient information printed upon the patient portion (**1202**) with the patient. Step **1609** instructs that documentation of the entire procedure should be completed.

Turning now to FIG. **17**, illustrate therein is one embodiment of panel **1303**, which represents a first side of the patient portion (**1202**). This panel **1303** includes information **1701** describing what a catheter is and why a catheter might be used. The panel **1303** also includes information **1702** describing what the patient should know regarding catheters and catheter use. For example, this information **1702** might notify the patient that the health care services provider should wash hands prior to inserting the catheter, and that it is acceptable to ask them to do so if they have not done so before the patient.

The panel **1303** also includes information **1703** regarding how the patient can reduce the chances of getting an infection. This information **1703** can include a statement that the patient should wash their hands prior to touching the catheter assembly. The information **1703** may also include a statement that the drainage bag should always be kept at a level beneath the patient's navel, and that the patient should inform a helper when the bag is more than half full.

Turning to FIG. **18**, illustrated therein is one embodiment of panel **1206**. In this illustrative embodiment, panel **1206** forms the second side of the patient portion (**1202**) of the instruction manual, and accordingly, includes additional information that a patient may wish to know when using a catheter assembly.

By way of example, information **1801** informs the patient as to what common infections associated with catheter use are and how they are contracted. Information **1802** provides symptoms of these common infections, such as fever, blood in the urine, burning or painful urination, or frequent or more urgent urination after catheter removal. Information **1803** informs the patient of what they should know prior to going home after a catheter procedure.

Information **1804** comprises an informational section configured such that a health care provider's name and contact information may be written thereon. This is helpful to the patient in the event that the symptoms recited in information **1802** should arise after the procedure, in that the patient has readily available access to the information required to contact a physician or other health care provider. An advantage of having this information **1804** on the patient portion (**1202**) when the patient portion (**1202**) is detachable is that the patient can take it with them upon completion of the procedure.

Turning now to FIG. **19**, which is a portion of the health care services portion (**1201**), illustrated therein is one embodiment of panel **1205** that provides additional health services information. For example, information **1901** for emptying the drain bag and information **1902** describing how to obtain a urine sample can be included.

Turning now to FIG. **20**, illustrated therein is one physical configuration in which the printed instructions **1001** can be delivered along with the catheter package assembly in accordance with embodiments of the invention. FIG. **20** is but one of many configurations, and embodiments of the invention are not to be limited in this respect, as FIG. **20** is illustrative only.

In FIG. **20**, the printed instructions **1001** are configures as a tri-section, accordion style bi-folded panel. Three sections **2000**,**2001**,**2002** are folded in an accordion style, with two folds **2003**,**2004** existing between the sections **2000**,**2001**, **2002**. When the printed instructions **1001** are configured as shown in FIGS. **12-13**, folding the printed instructions **1001** in this manner allows the health care services portion **1201** to be disposed atop the patient portion **1202**. Further, when the printed instructions are disposed atop a CSR wrap (**1000**) as shown in FIG. **10**, by disposing the patient portion **1202** adjacent to the CSR wrap (**1000**), the health care services provider removing the sterile wrap (**1002**) off of the catheter package assembly will be assured of seeing the health care services portion **1201** first.

Turning now to FIG. **21**, illustrated therein is a method **2100** of using the printed instructions (**1001**) as described herein. At step **2101**, a health care services provider removes the sterile wrap (**1002**) disposed about the catheter package assembly. Where the catheter package assembly is configured as shown in FIG. **10**, removal of the sterile wrap (**1002**) will reveal the printed instructions (**1001**). Where the printed instructions (**1001**) are configured as described in FIG. **20**, with the patient portion (**1202**) disposed adjacent to the CSR wrap (**1000**), the health care services provider will see the health care services portion (**1201**) first.

At step **2102**, the health care services provider accesses the printed instructions (**1001**) and begins to read the panels, which in one embodiment are panels configured in accordance with those described in FIGS. **14-19** above.

At step **2103**, the health care services provider unfolds the outer CSR wrap (**1000**), which in one embodiment is then used to create a sterile field about the tray (**100**). At step **2104**, the health care services provider prepares the workspace, which in one embodiment may be in accordance with steps (**1501**,**1502**,**1503**,**1504**) of panel (**1301**) in FIG. **15**. For example, this may include donning non-sterile gloves, as shown at step (**1501**) of FIG. **15**. This may further include picking up the underbuttocks drape, included with the tray (**100**), by the edge without contaminating the contents and placing the shiny side down under the area of the patient to be prepped as shown at step (**1503**) of FIG. **15**. This may further include using the hand sanitizer as shown at step (**1504** of FIG. **15**.